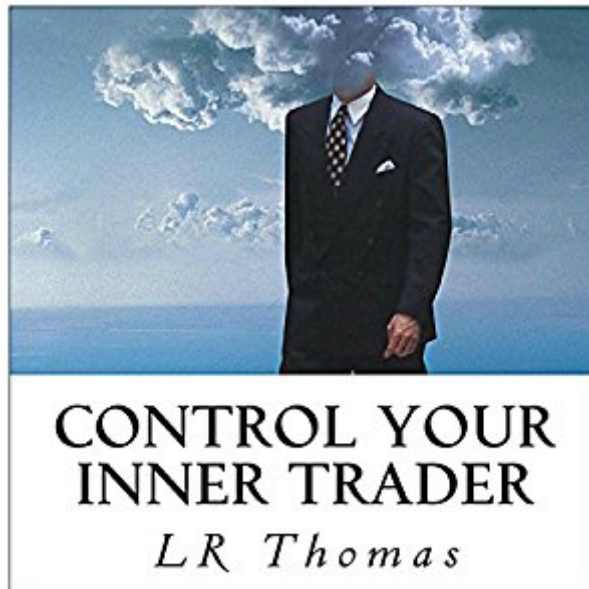


The book was found

Control Your Inner Trader



Synopsis

Self control is probably the most important skill you need to acquire as a trader. Unfortunately most trading psychology books can be very vague and short on specific strategies to take control of your mental state while trading. Control Your Inner Trader draws on the experience of an eight-year trading veteran who is also a qualified therapist. Behavioural and therapeutic techniques are included in the book that are easy for anyone to follow.

Book Information

Audible Audio Edition

Listening Length: 1 hour and 11 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: LR Thomas Enterprises

Audible.com Release Date: January 6, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B00RVZLBQO

Best Sellers Rank: #69 in Books > Business & Money > International > Foreign Exchange #233 in Books > Audible Audiobooks > Business & Investing > Personal Finance & Investing #1264 in Books > Business & Money > Investing

Customer Reviews

Few trader psychology books deliver on sufficient tools. This book is surprisingly different. Despite being short compared to other well-known top trader books as "Trading in the Zone by Mark Douglas" and "Trading for a Living by Alexander Elder" I must say that "Control Your Inner Trader" is definitely among the better ones. Any trader who believe that he or she can improve despite even good results will find this book have a refreshing new angle on how one can improve behavior and become a much better trader. This book is time well spent.

For a short book, I found more practical solutions for erroneous mental habits whilst trading, than you might ever imagine. This is (for me) the most difficult area of trading and the author LR Thomas has got right the nub of issues with no fluff or filler. I am adopting parts of this book as my mantra.

L R Thomas has covered many different behavior problems that traders are faced with. This is one

area that isn't discussed as frequently as other areas of trading. He has done a great job of helping the trader to overcome these trading obstacles. L R Thomas has covered four different areas in his trading books. The 10XROI Trading System - A system plus Money Management. Trade Around Your Job System - This is perfect for one who is still working but wants to trade, too. Control Your Inner Trader - This one deals about the psychological side of trading. One needs the proper mindset to trade. Learn to Trade Without Losing Your Shirt - A must for every beginner. These books would compliment any trading library. Enjoy.

If this doesn't work for dispelling the bug-a-boos, nothing will. Have been trading for 25 years sporadically because I used to trade my capital away. This is working for me. Thank you for carrying this book.

Control Your Inner Trader - LR Thomas, thoughtfully explores the important areas of exploring your inner self your motives for wanting, believing and controlling your trading behaviour. The book is like any trading strategy that you should be adopting direct simple and effective. Adopt the positive habits and this will put you on the road to accessing the inner trader in yourself.

A great little book that addresses many of the typical problems and more importantly the feelings that arise during trading. Traders at every level have either worked through these issues or quit in frustration, and Thomas has done a nice job of identifying the cliff that we all hang on and feel at times. The definition of a professional trader taken from the ideas of Stephen Pressfield's "The War of Art" is spot on. The emphasis on trading as an art vs. a work ethic is different from other psychologist in the business. The key question of "Why do you trade?" reflects on the inherent contradictions of how many people approach the business. With concise and clear solutions with recommendations that will encourage you in your development identifying and working on personal issues that arise in the markets.

[Download to continue reading...](#)

Control Your Inner Trader Swear Word Coloring Book for Parents: Unleash your inner-parent!: Relax, color, and let your inner-parent out with this stress relieving adult coloring book. Control Self-Assessment: Reengineering Internal Control (Enterprise Governance, Control, Audit, Security, Risk Management and Business Continuity) Become an Inner Circle Assistant: How to be a star in your profession and achieve Inner Circle status! Living from Your Center: Guided Meditations for Creating Balance & Inner Strength (Inner Vision Series) Inner Peace - Adult Coloring Books:

Beautiful Images Promoting Mindfulness, Wellness, And Inner Harmony (Yoga and Hindu Inspired Drawings included) Money Management Tips: Control Money Don't Let It Control You (Budgeting your money, How to save money tips, Get out of debt fast, Live cheap, Debt free, Spend less) The Black Book of Forex Trading: (w/ Bonus Video Content) A Proven Method to Become a Profitable Forex Trader in Four Months and Reach Your Financial Freedom by Doing it (Forex Trading) How to Start Your Own Forex Signal Service: The Next Step Every Forex Trader Should Take to Build an Automated Passive Income Stream The Black Book of Forex Trading: A Proven Method to Become a Profitable Trader in Four Months and Reach Your Financial Freedom by Doing it Yeast Control in Seven Days - How to Rebuild Health and Control Candida Infection Control and Management of Hazardous Materials for the Dental Team, 3e (INFECTION CONTROL & MGT/ HAZARDOUS MAT/ DENTAL TEAM (MILLER)) Show Networks and Control Systems: Formerly "Control Systems for Live Entertainment" Trader Vic's Tiki Party!: Cocktails and Food to Share with Friends The I Love Trader Joe's Party Cookbook: Delicious Recipes and Entertaining Ideas Using Only Foods and Drinks from the World's Greatest Grocery Store Rice Cooker Recipes - Asian Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium: Bonus: Trader Joe's Ingredients Asian Style Recipes (Rice Rice ... - Healthy Eating On a Budget) The I Love Trader Joe's College Cookbook: 150 Cheap and Easy Gourmet Recipes The Navajo: A Reprint in Its Entirety of a Catalogue Published by J.B. Moore, Indian Trader, of the Crystal Trading Post, New Mexico, in 1911. Rugs And Posts: The Story Of Navajo Weaving And The Role Of The Indian Trader (Schiffer Book for Collectors) Moorman Field: Horse Trader

[Dmca](#)